



Rosebank^{RBA}
Wellbeing

Progress Report Rosebank Wellbeing Collab

December 2020



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Acknowledgements

He waka eke noa

"A canoe which we are all in with no exception"

We would like to thank every member of our business community and system stakeholders who shared their voices in this part of our co-creation process. Your active participation, enthusiasm, brave leadership in this current COVID world has been really valuable and appreciated.

We also acknowledge the voices who have not yet been part of this process, as we move forward together we hope our movement will grow as well. Our journey is one of inclusion, underpinned by values of connection, compassionate leadership and togetherness.

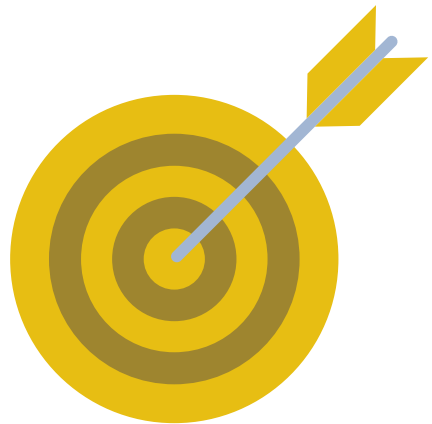
Thank you Business Lab (Colin & Paul) for being our navigators on this journey and Healthy Families Waitākere for enabling this collective impact initiative.

Intent Overview

This document provides a summary of key outputs & emerging outcomes against objectives.



Strategic Intent: Rosebank Businesses are leading the world in workplace Wellbeing



Project intent: Co-create a shared vision and roadmap for growing wellbeing in the Rosebank Business Community

Yr 1 Objectives	Status
1. Scope and create readiness for workplace wellbeing in Rosebank	Achieved
2. Establish collaboration structure	Achieved
3. Identify & test emerging ideas	Achieved
4. Create deep trust between partners	On-going
5. Amplify voices of workers	On-going
6. Scaling partners	On-going

Progressive Wins

The key outputs of our work during 2020.

- **Scoping Report**
- A scoping process was done to measure readiness in the business community for workplace wellbeing and potential funding partners.
- Full report available upon request

Co-design Leadership Group

We created relationships with system stakeholder and business community leaders who joined a co-design leadership group. Approximately 34 leaders participate in this space.

Oversight Structure

Collective impact approach was used to create an oversight structure. The RBA are now the lead backbone organisation with support from Healthy Families

Collaboration Plan

The initiative has a collaboration plan with 4 working groups and co-design members actively leading or participating in test ideas.

Community-Wide Survey

The first wellbeing survey is now developed and tested. Ready to launch in 2021

6 Month Road Map

Activities have been prioritised for the 1st 6 months of 2021

See Appendix

Confidence

Quick poll: our co-design group members feel confident about the future of the initiative. Their feedback is captured and presented in the Appendix.

Collaboration Plan

Rosebank Businesses Leading the World in Workplace Wellbeing

Manākitanga
Compassionate leadership

Whakawhanaungatanga
Strong relationships

Kotahitanga
Stronger together

Sharing resources

- Sharing workplace wellbeing success stories
- Business-to-business buddying
- Community health checks
- Women's Wellbeing initiatives
- Shared EAPs (later)
- Shared physical activities (later)

Business Neighbours

- Street party in early 2021
- Business community volunteer days
- Business community wellbeing survey

Financial Literacy

- Coordinated training opportunities for staff

Traffic

- Innovative reduction/coordination initiatives

Action on working groups

Financial Wellbeing



Sky from Haven Financial with other members are leading this space.

The working group has met to explore what success would look like. Sky has an existing programme which she can deliver into workplaces.

Testing will begin early next year.



Traffic Congestion



Bruce from World Moving and Tanya from Direct office products are leading this space.

The working group has met to explore opportunities to gain more insight from workers on Rosebank about traffic experience. A survey is ready to be launched next year.

The RBA & Healthy Families are engaged in several conversations with AT.



Business Neighbours



The RBA are leading this space to grow connection between business neighbours.

A pop activity was organised where staff from Regal participated in garden maintenance in the community. The activity was a work out and a moment to be mindful in our natural environment. While 1/20 organisations responded to the call more pop ups are planned for 2021.



Sharing Resources

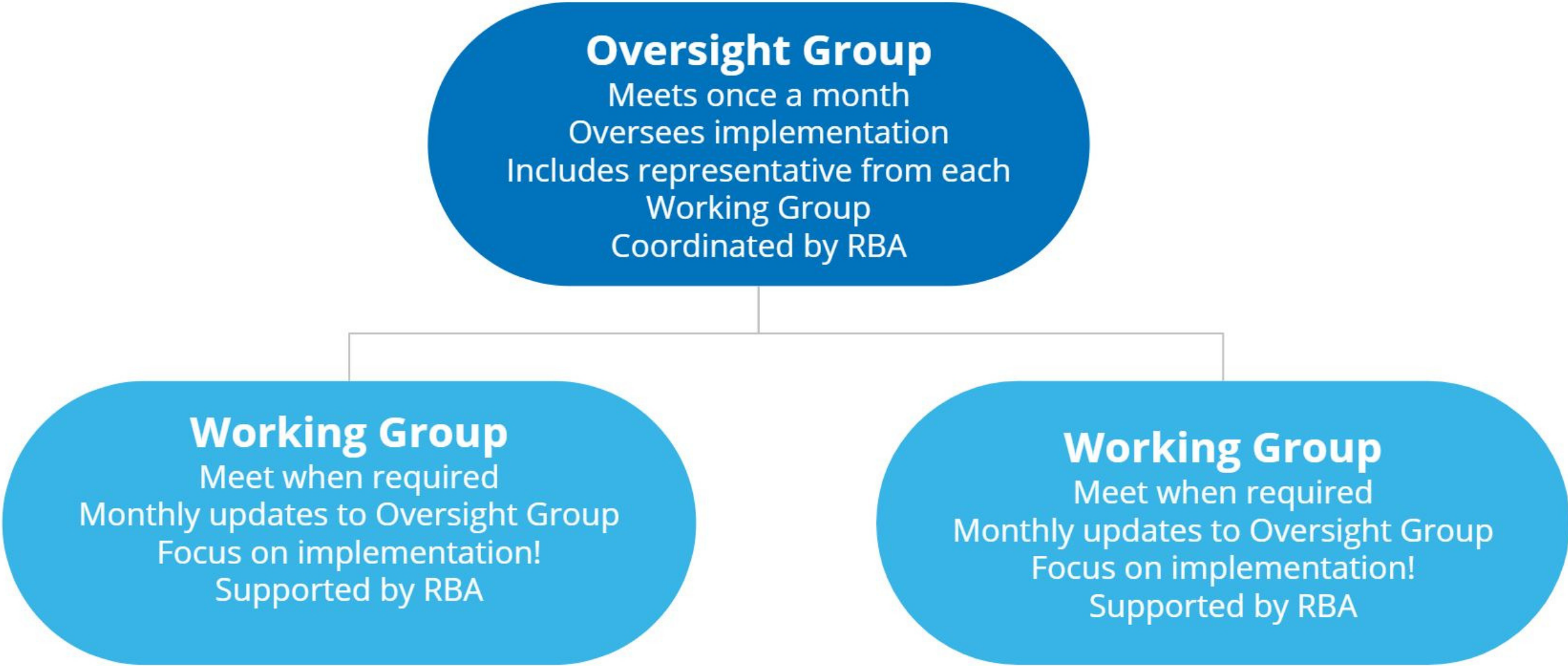


Rob from Autex has kick started this by inviting us on premises and sharing things they are doing to promote employee wellbeing & resilience.

The RBA further organised Health Checks where 3rd year student nurses examined 120 workers from Rosebank. The test was successful and a yearly event is being organised.



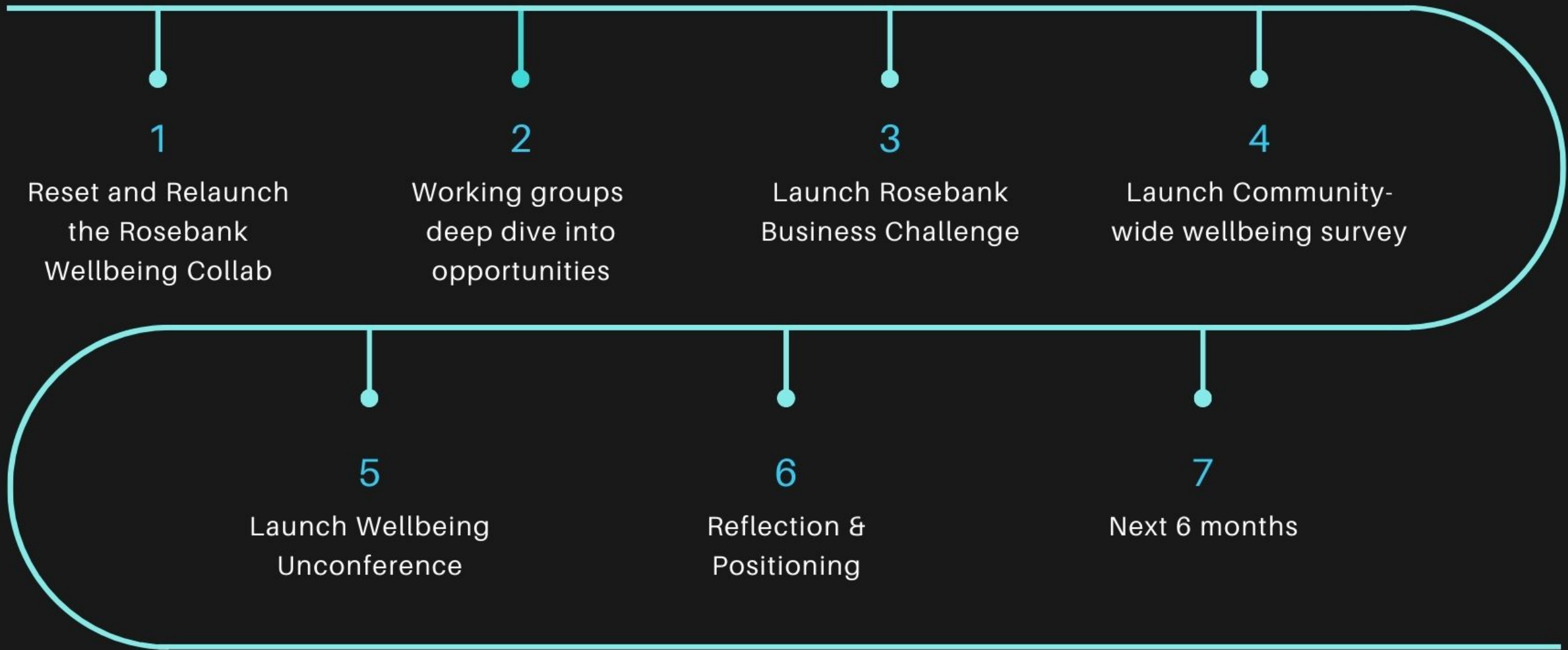
Appendix A: Oversight Structure



Appendix B: Road Map 2021

RoadMap Rosebank Wellbeing Collab

6 month Timeline



Appendix C: Feedback From Co-Design Group Members

The energy! Everyone committed to the same cause, with a bit of humour

This open structure is useful to help generate free-flowing thoughts about a topic.

Ability to tap into resources that small to Med businesses might not be able to on their own eg. health checks

Business community led

What are good features of the Rosebank Wellbeing Collab



That initiatives range from businesses buddying up to help for employees. Great.

Bringing people together with a common cause

Support for some through provision of training

As we break down silos - strangers become known - perhaps we let more people out into the traffic!

Staff pleased to see management buy in to the programme

Opportunity to meet and collab with others in the community.

How confident do you feel about the future of the Rosebank wellbeing collab?

8 and above



Members feel pretty confident about the future direction



**For more information please
visit this link:**



[Rosebank Business Association Page on Workplace Wellbeing](#)

[Healthy Families Waitakere News Room](#)

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